



The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Matthew 5.13 "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

Friday 19th March 2021

Head Teacher's Message

Dear Parents and Carers,

Further advice re Covid this week; then over to Mrs Morecroft (page 2) to share Waste week with you. We look forward to the children returning to school from Remote Learning next Tuesday if they are well.

The director of education for Essex County Council Clare Kershaw, reminded us this week:

When to take a lateral flow test and when to take a PCR test?

Lateral flow tests are important in identifying asymptomatic cases of COVID19 infection, they are not designed or suitable for those who have coronavirus symptoms. It is very important that children, young people or adults who do have any symptoms of COVID19 undertake a PCR test and NOT a lateral flow test. PCR tests can be booked online to take place via a testing site, or a test delivered to your home at <https://www.gov.uk/get-coronavirus-test>.

The rules of self-isolation if you are symptomatic still apply. They are an essential contribution to infection control measures and risk assessments that schools are required to implement to reduce the risk of transmission of coronavirus. The availability of rapid lateral flow testing had not changed this requirement. Anyone not isolating and seeking a PCR test if they have symptoms, even if they have a negative lateral flow test, is knowingly putting other people at risk.

It is essential at this critical stage of the national roadmap that we all comply with these requirements.

The symptoms of covid-19 are all or any of the following:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

Events Calendar

Mar 29	Easter Holiday
Apr 12	First Day of Summer Term
May 03	Bank Holiday
May 28	Non Pupil Day

We appreciate that your concern is to return your children to school as soon as possible and that lateral flow tests are the quickest type of test, but they are not the right test to be used if your child has symptoms. We must ensure the right processes are followed, for the safety of our whole school community.

Thank you for your support with this.

Please continue to take care of yourselves.

Kind regards

Mrs Wiskin

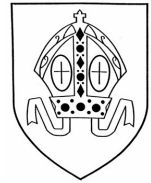


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Waste Week 2021

This week has seen much reflection upon our role as citizens, as well as the role we all play together in helping to mitigate the damaging effects of climate change.

The children have shown no end of enthusiasm and passion for learning about our actions towards our planet and realising the importance of everyone 'doing their bit' to help reduce our carbon footprint.

The focus this year has been upon 'food waste'. If an average African elephant weighs about 5 tonnes, can anyone guess how many tonnes of food primary schools in England throw away during a year? The answer is... 55,408 tonnes – that's the same weight as more than 11,000 elephants! Driven by these and other startling facts, children have completed a number of related activities ranging from creating campaign posters, to display around the lunch hall, to creating recipes to use up leftover food.

Well done everyone for embracing 'Waste Week 2021' and helping to make positive steps towards a greener, more sustainable future. I look forward to receiving any further entries for our competition on Tapestry by Monday. The entries so far have been outstanding! We will reveal the winners before the Easter holidays.



Mrs Morecroft and the ECO team.



Quotes for waste week

"This week we have a competition to make something with non-useable food. Use any food you have in your house. It's important to reduce, reuse and recycle." - Agastya.

"If you're wondering what waste week is, it's a time where you think about the amount of plastic we throw away into the sea. We are thinking especially about food waste this year." - Evie B

"This week we will try to use waste wisely, try to recycle." - Amber M

"Class 4 talked about whether to save food, give it away to someone in need or to recycle or compost it." - Olivia A

"In prayer we have thought about food waste. We learned what happens to food waste if it is put in the wrong bin. By not putting food waste in the food bin, it would go into the landfill." - Oliver S



'Young Carers Action Day 2021'

Also this week, we have seen the recognition of 'Young Carers' on Tuesday's 'Young Carers Action Day 2021'.

Brightly coloured, multi-coloured, fluorescent, character socks, tights and leg warmers all featured in our uniform for the day! Children learnt about the role of young carers, how this can affect anyone, anywhere, and reminded them to always speak to someone if they are unsure. Thank you to everyone for taking part and acknowledging the fantastic work that young carers everywhere are doing day in and day out.





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Weekly Special Achievement Awards

EYFS

Lambris G

Izzy D

Lower School

David A

Petra B

Joseph T

Middle School

Hugo H

Melissa A

Akousa TM

Upper School

Isabella F

Amelie-Rose B

Thomas E

Lunch Menu week commencing 22nd March 2021

THE CATHEDRAL SCHOOL

Menu Week 3

MONDAY	OPTION 1 Mac Cheese Garlic bread Side salad	OPTION 2 Jacket Potato Cheese Side salad	OPTION 3 Jacket Potato Beans Side salad	Dessert Pancake with sauce Fruit Bar
TUESDAY	OPTION 1 Sausage Roll Mash Potatoes Baked Beans, Sweetcorn & Gravy Side salad	OPTION 2 Cheese Tomato Omelette Side salad		Dessert Fruit Crumble with custard Fruit Bar
WEDNESDAY	OPTION 1 Chicken Korma Served with Rice Side Salad	OPTION 2 Jacket Potato Cheese Side salad	OPTION 3 Jacket Potato Beans Side salad	Dessert Chocolate Cracknell Fruit Bar
THURSDAY	OPTION 1 Burger in a bun Herby diced potatoes Side salad	OPTION 2 Vegetarian Burger in a bun Herby diced potatoes Side salad		Dessert Oat Cookie Fruit Bar
FRIDAY	OPTION 1 Fish Finger Smiley Faces, Peas & Baked Beans Side salad	OPTION 2 Quorn Dippers Smiley Faces, Peas & Baked Beans Side salad		Dessert Iced Sponge

Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.

Instructions can be found on our [website/parent's page](#) Many thanks.



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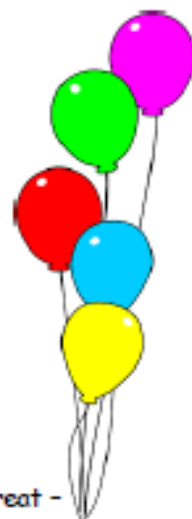
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BALLOON RACE

The PTA have joined with ECORACING to offer a fun Easter week treat -
A virtual balloon race!

No latex balloons are released. This is a virtual race where you can track the balloons on their simulated journey. It's all the fun with the added bonus of being environmentally friendly. The Easter Race virtual balloons are released at The Wailing Wall, Jerusalem



Buy and customise your balloon any time before the race. Your virtual balloon will be released at noon, 4 April and the race can be tracked as if it was a real balloon. At the end of the race the balloon that travels the furthest gets a prize!

FOR MORE INFORMATION AND TO BUY A BALLOON GO TO:
<https://ecoracing.co/user/page/1509>

Once purchased you can then go in and customise your balloon to your desired specifications



RACE PRIZES

£500 cash, Apple iPad, 10 x £10 book tokens

In addition, the Cathedral School balloon that travels the furthest will win a £20  gift voucher!!



Balloons are subject to a simulated flight pattern based on your balloon's individual flight parameters plus the real weather conditions at that actual time such as the prevailing wind speed and current temperature. This simulation uses an advanced computer modelling programme linked to a mapping provider and Aeris, a commercial global weather data supplier.

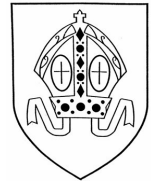


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DOES YOUR SON LOVE TO SING?

Singing is a fun and interactive way to express yourself, feel good and learn new skills that last for life.

The choristers at Chelmsford Cathedral sing together in services and concerts in the inspiring setting of the Cathedral* during term times, receiving free musical tuition and singing lessons.

* we're currently meeting online - why not join us to see what we do?



Rehearsals are currently being held online via private Zoom meetings, but we hope to return to rehearsals on the Cathedral site (where our facilities are Covid-secure) as soon as possible.

Singing helps to develop:

- self-expression,
- language skills
- social skills & team work
- academic subjects including history and geography
- long-lasting friendships



We're looking for boys aged 7-10 with musical potential — they don't need to be amazing singers already. The admission process involves a short and friendly audition to see what they can do — we do the rest!

For more information, details of Zoom meetings, or for an informal discussion about the choir, please contact James Davy, Organist and Master of the Choristers
james.davy@chelmsfordcathedral.org.uk 01245 294484

Parent's Page

Please visit the [parent's page](#) for quick links to Lunch menus, SCOPay guides, community page and more.....

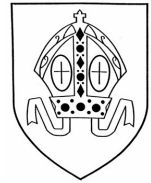


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Essex
Primary SCITT



ARE YOU INTERESTED IN A CAREER IN
PRIMARY OR EARLY YEARS TEACHING?

Virtual Recruitment Event!

Join us via Zoom on:
Wednesday 7th April 2021
at 2pm



Please contact Laura to join this event
laura@essexprimaryscitt.co.uk

We are a highly-regarded established teacher-training provider with a long record of training excellent primary and early year's teachers.

