

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk



Website <u>cathedralschool.co.uk</u>

Matthew 22: 37-39 "Love the Lord your God with all your heart and with all your soul and with all your min. This is the first and greatest commandment. 3And the second is like it: 'Love your neighbour as yourself."

Friday 7th May 2021

Head Teacher's Message

Dear All

The theme for this week has been treating others as we wish to be treated ourselves; (The Golden Rule) a cornerstone of our Christian school and also embedded in the teaching of the other major world religions represented in our school community.

Today, Worship group contributed to this theme and shared this with the other phases in the school, albeit remotely. Thank you again Year 6 Worship group!

Each of these daily worships, which included the parable of the Good Samaritan, was entitled "The Golden Rule" that led to

Events Calendar

May 12

KS1 Swimming Lessons

Class 3 Class 4 & Class 5 Last swimming lesson 23rd June

May 13

EYFS Swimming Lessons

Class 1 (Mrs Grover) & Class 2 (Mrs Dippenaar) Last swimming lesson 24th June

May

Class Photos

May Non Pupil Day

May Bank Holiday

Summer Half Term

First Day of Summer Term (2)

07

Jun KS1 Science: Living Thinks workshop

a moment of humour in my Music lesson in Middle school this week. The pupils were enthusiastic at receiving instruments to accompany the music, a cacophony of sound pierced the air and to reiterate expectations I said "What's the golden rule?" (I was referring to - "don't play until you are asked to") but was met with the response "Treat others as you would wish to be treated!" One of those moments of mixed success in the process of teaching and learning.

We have very few visitors on site, but a member of the Diocesan building team came to inspect the site this week related to our bid for capital funding to improve the front gates, hall windows and height of the fences, funding for capital projects is by priority and some schools have defective structures....so we can only wait and see if we are successful this year.

Finally, I would like to commend everyone for the progress being made in learning since the beginning of this term.

Keep up the good work

Wishing everyone a refreshing weekend.

Linda Wiskin

A reminder that earrings should only be small studs and must be removed for PE for Health and Safety purposes.



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Weekly Special Achievement Awards

EYFS

Henry K

Theo R

Lower School

Lola P

Esther O-A

Felicity W

Middle School

Henry D

Lucy R

Emilia S

Upper School

Zackary M

Anthony M

Logan B

Lunch Menu week commencing 10th May 2021

THE CATHEDRAL SCHOOL

Week 1

	OPTION 1 Pasta with	OPTION 2 Pasta with	OPTION 3 Cold Tuna Pasta	Dessert Fruit Yoghurt
MONDAY	Pepperoni Sauce Garlic Bread	Tomato Sauce Garlic Bread	Garlic Bread	
	Side Salad	Side Salad	Side Salad	Fruit Bar
TUESDAY	OPTION 1 Hot Chicken Fajitas	OPTION 2 Quorn Fajitas	OPTION 3 Cold Cheese & Carrot Wrap	Dessert Shortbread Fingers
	Side Salad	Side Salad	Side Salad	Fruit Bar
WEDNESDAY	OPTION 1 Hot Dog (Butcher's sausages) Herby Diced Potatoes Carrots & sweetcorn	OPTION 2 Quorn Dog Herby Diced Potatoes Carrots & sweetcom		Dessert Bakewell Sponge & Custard Fruit Bar
THURSDAY	OPTION 1 Chicken Italian Served on a bed of rice Side Salad	OPTION 2 Quorn Italian Served on a bed of rice Side Salad	OPTION 3 Cheese or Ham Filled Rolls Side Salad	Dessert Mini Jam Doughnuts Fruit Bar
FRIDAY	OPTION 1 Fish Fingers Smiley Faces, Peas or Baked Beans Side Salad	OPTION 2 Quorn Dippers Smiley Faces, Peas or Baked Beans Side Salad		Dessert Chocolate Artic Roll Fruit Bar

Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.

Instructions can be found on our website/parent's page Many thanks.



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GROW YOUR WELL-BEING



As we support emotional well-being and mental health, we are going to start including some thoughts and activities for you to try at home if you wish, to help support the children's feelings and promote their overall well-being. Please look out for some of these ideas in the newsletter!

Mrs Morecroft and Mrs Burnham.

Let's start off this week by thinking about times when we are happy. Being happy is a good feeling, it makes us smile and smiling is one of the most wonderful gifts we have or can give to someone else.







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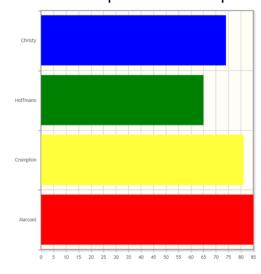
Matthew 22: 37-39 "Love the Lord your God with all your heart and with all your soul and with all your min. This is the first and greatest commandment. 3And the second is like it: 'Love your neighbour as yourself."

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House Points

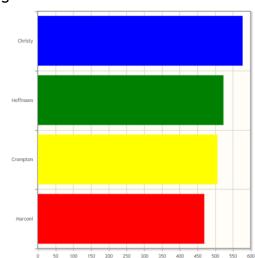
A narrow victory and the first of 2021 for Marconi for points over the past two weeks.

Item 💂	Number 🔷
Marconi	85
Crompton	81
Hoffmann	65
Christy	74
Total:	305.00



House Points Running Total 2020-2021

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▼			
Marconi	469		
Crompton	506		
Hoffmann	523		
Christy	577		
Total:	2075.00		



School Crossing Patrol



Further to previous correspondence Essex County Council wanted to let you know that they have managed to arrange some additional temporary cover for the school crossing on Victoria Road South with effect from **Monday 10th May 2021**.

Please be aware, the temporary cover will not be available **Wednesday and Thursday 12**th/13th **May 2021** due to prior commitments.





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PTA News





Adventure Island wristbands are available from the school office for a flat fee of:

£15

(internet price £20, On the day price £25)

Limited availability: Sealife Tickets £7 and Adventure Golf £5

Coloured wristbands are no longer being offered, but should still be valid. Children measuring under 120cms will face some ride restrictions, however an adult can ride with them for free as part of Adventure Island's Go On Together promise. See the adventure Island website for more details.

To purchase tickets please put exact money in a sealed named envelope with ticket quantities required

Summer Uniform

The changeover to summer uniform started Tuesday 4th May. This is of course is weather dependant. The aim is to have everyone in summer uniform by the end of this half term.

Please find the uniform list below.

GIRLS Summer uniform

Red and white gingham dress
Grey skirt and white revere collar short sleeved shirt* (Year 6 only)
Red jumper or cardigan
White socks (grey socks for Year6)
Sun hat*
Black sensible school shoes, with a sensible heel

Note: No open toed sandals.

Boys Summer uniform

Grey Shorts and white short sleeved school shirt, school tie*
Grey trousers (Year 6 only)
School red jumper*
Sun hat*
Black sensible school shoes
Note: No open toed sandals.

*Can be purchase from One Stop Shop



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ACL provide FREE group support and learning opportunities for parents and parents with their children across Essex.

We have some sessions on offer that we thought might benefit your families.

A chance to have some fun making a coastal collage -

Delivered face to face at ACL Maldon, Carmelite Way, Maldon

Tuesday 11th and Thursday 13th May, 9:30-11:30am

FREE creative session to inspire you. These two sessions are aimed at parents/carers with their preschool children, although all ages are welcome. The first session we will look at how we can make the most of a walk along the coast, river or canal, think about the sort of items we might find, look at some collages, make something to take home, and finish with a story. Hopefully you will be able to take a walk and find some bits over the following week, or if not, find some bits you can use, ready for the second week to make your collage.



To book onto this session please click link: https://tinyurl.com/CoastalCollage

Getting children to listen- delivered online

Communication is key in any team, and a family is no different! Do you feel like you are on repeat? Why not come along to our FREE workshop - on How to talk so your kids will listen .



Tuesday 11th May, 9:30-11:30am

To book onto this session please click link: https://tinyurl.com/getting-children-to-listen

ACL cont....



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Get your child's school to listen - delivered online

This session will help you understand the techniques to be an advocate for your child/ren and communicate with your child's school/setting constructively to help them listen to your concerns/feedback as a parent/carer/guardian.



Wednesday 12th May, 9:30-11:30am

To book onto this session please click link: https://tinyurl.com/getting-school-to-listen

Wellbeing for Primary School children- delivered online

An opportunity to have guided support and tips on keeping your children of 5-11 years emotionally well.



Thursday 13th May, 9:30-11:30am

To book onto this session please click link: https://tinyurl.com/Wellbeing-for-primary-school

Anxiety in Children of Preschool Age- delivered online

Are you concerned about your pre-school child displaying behaviours associated with anxiety. If anxiety and fear is extreme, it is always best to involve a mental health professional and receive an expert opinion, this can be done through your GP or health visitor. However, as a parent, there is much you can do to help your anxious or fearful child. This workshop will explain what you can do to support your child and understand the meaning behind the behaviour.



Monday 17th and 24th May, 7-9pm

To book onto this session please copy/click link: https://tinyurl.com/anxiety-in-preschool-children

ACL cont....



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Preparation for Starting Primary School for the 1st time- delivered online

An opportunity to have support about what you can do to support your child starting primary school from routines to how they learn English and Maths



Tuesday 22nd an 29th June 10-12

To book onto this session please copy/click link: https://tinyurl.com/primary-school-1st-time

If you would like more information or to subscribe to our weekly Newsletter, please do respond to this email.

Further Events information Click here

All our FREE courses can be found <u>here</u> and <u>Latest ACL Community and Family Learning Newsletter</u>.