



The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Galatians 5: 22-23 ²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law.

Friday 12th November 2021

Head Teacher's Message



Dear All,

Remembrance was at the heart of our learning this week. Worship group led a KS1 and a KS2 service yesterday ending with the Last Post, 2 minutes silence and Reveille. We are really proud of the children who took on the responsibility for this important area of school life: Sophie, Seb, George, Mimi and Zachary.

Well done to our kurlers (report page 3) and cross country runners (report in next week's newsletter) who competed this week.

Tuesday was a big day when our 40 –strong choir, prepared by Mrs Miller, Miss Adams and Miss Green, went to the Royal Albert Hall to sing in the Barnado's Young Supporters concert.

It was a glorious experience and a rare opportunity to sit above and sing with, a full orchestra; The London Symphony Orchestra. These are the memories that children remember for the rest of their lives!

We will continue to offer these opportunities widely and are grateful for the support of the parents, on this occasion we were ably assisted on a very long day by Mrs Brett, Mrs Starling and Canon Nay. Our thanks to them.

It has been a busy week with Parents' Consultations. There are inevitably technical issues with remote meetings. Thanks are due the office staff who have worked the evenings to support the process and for everyone who has participated in this vital part of our partnership to achieve the best for the children. A simple survey will go out specifically related to parents' evenings to be completed online and the identified targets and development areas will be posted on Tapestry.

Covid continues to be around us; for the protection of all we continue to encourage both Lateral Flow tests and PCR's when we have a confirmed case, which are often asymptomatic in the children but more dangerous to vulnerable adults.

Next week we welcome our new catering manager to the staff followed by the change in the winter menus, due to be published soon.

Best wishes
Linda Wiskin



Calendar Events

Nov 16	Middle School Trip Hyde Hall Y3
Nov 16	Class 8 Parent's Evening online
Nov 17	Middle School Trip Hyde Hall Y4
Nov 17	Swimming for Upper School
Nov 19	Non-Uniform Day supporting Children in Need
Nov 19	PTA Year 5 & 6 Disco
Nov 25	School Flu Vaccination
Nov 27	PTA Christmas Frost Fair
Dec 01	PTA Wreath Making Workshop
Dec 08	EYFS & Year 6 Health Checks
Dec 13	Carol Service 6:30 pm - 8:00 pm @ Cathedral

[SCHOOL CALENDAR](#)



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Lunch Menu week commencing 15th November 2021

THE CATHEDRAL SCHOOL

Menu Week 4

MONDAY	OPTION 1 Mac Cheese Garlic bread Peas & Sweetcorn Side salad	OPTION 2 Jacket Potato (filling choice of beans or cheese or tuna at the counter) Side salad	Dessert Yoghurt Fruit Bar
TUESDAY	OPTION 1 Sausage & Mash Mash Potatoes Peas, Carrots & Gravy Side Salad	OPTION 2 Quorn Sausage & Mash Mash Potatoes Peas, Carrots & Gravy Side Salad	OPTION 2 Cheese & Carrot Wrap Side Salad Dessert Lemon Drizzle Cake Fruit Bar
WEDNESDAY	OPTION 1 Roast Chicken Thighs Boneless Yorkshire Pudding Seasonal Vegetables Side Salad	OPTION 2 Quorn Fillet with Cheese & Tomato Topping Yorkshire Pudding Side Salad	Dessert Ice Cream Pots Fruit Bar
THURSDAY	OPTION 1 Beef Meatballs in a rich tomato sauce served on rice Side salad	OPTION 2 Falafels in a rich tomato sauce served on rice Side salad	OPTION 3 Ham & Tomato Roll Side salad Dessert Oat Cookie Fruit Bar
FRIDAY	OPTION 1 Fish Fingers Herb Diced Potatoes, Peas & Baked Beans Side salad	OPTION 2 Cheese & Leek Quiche Herb Diced Potatoes, Peas & Baked Beans Side salad	Dessert Ginger Cookies Fruit Bar

Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.

Instructions can be found on our [website/parent's page](#)



Nut Free School The school aims to protect children who have allergies to nuts, We do not allow nuts or nut products in school lunch boxes or in theirs snacks.

Please can we remind parents to cut grapes in half.

Thank you for co-operation.

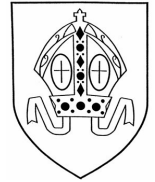


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Kurling

A team of four children from Year 5 and 6 took part in a New Age Kurling competition at Chelmsford Sports and Athletics Centre in North Melbourne on Monday.

New Age Kurling is similar to bowls and curling on ice, but is traditionally played inside and uses a static target rather than a moving ball. Players are permitted to move the stones with their hands, feet, or using a ramp.

Michael, Connor, Talha and Agastya all performed well and improved as the tournament went on, with each of them managing to get a stone near the centre of the target. The team finished in fifth place and had the opportunity to have a go at Boccia after their competition.

Connor said, "I enjoyed having to hit it into the middle of the circle. I felt like a footballer wearing the kit."

Agastya said: "I enjoyed doing the sport and had fun. I would love to do Kurling on ice one day."



A report on Thursday's cross-country races will appear in next week's newsletter.

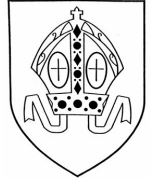


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GROW YOUR WELL-BEING



ONE KIND WORD

In 2021, Anti-Bullying Week begins on Monday 15th until Friday 19th November.

The theme this year is **ONE KIND WORD**

Kindness is more important today than it has ever been before. The isolation of the last year has made us more aware of how little acts of kindness can brighten the lives of the people around us.

Small actions make a huge impact.

Ask someone if they're OK.

Say you're sorry.

Say hello!

Say thank you!

One kind word leads to another kind word. Kindness spreads and we create a chain of kindness.

What kind word can you pass onto someone this weekend?

Mrs Morecroft and Mrs Burnham.

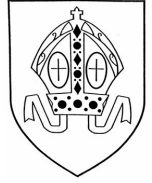


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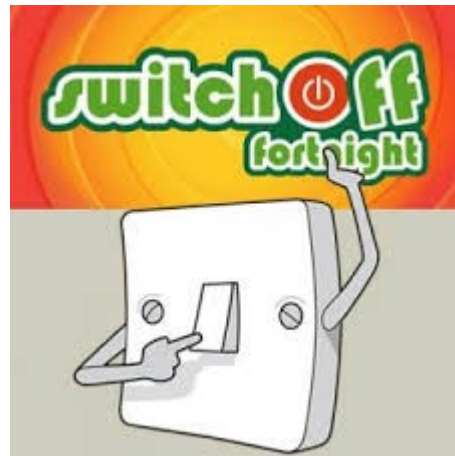
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Switch Off Fortnight



It is currently 'Switch off Fortnight' and in school we have been thinking about how much electricity we use and how we can all contribute to reducing the amount we use.

"After you've been in a room, turn the lights off."

"Don't leave things on standby, if you're not using it, switch it off!"

In the words of David Attenborough: "Live the way you want to live, but just don't waste." Can you try reducing energy at home this week? Feel free to post any energy saving tips on Tapestry!

Thank you, Max, Evie and the ECO team



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SEND ROADSHOW

SEND Roadshow 2021

The SEND Navigation Leads for ECC, Ondrea and Jenny, alongside the Essex Family Forum and SEND IASS, are running quadrant roadshows in the next few weeks for parents/carers.

This is a chance to come along and ask any questions about special educational needs and disabilities.

We will be adding new venues and dates for the spring term just before Christmas break.

No need to book, just come long and see us, we are looking forward to meeting you.

SEND Roadshow

Are you a parent/carer of a child/young person who has or may have additional needs? Do you find yourself asking questions like these?



How do I access support and information?

What is the Essex Local Offer?

Who can I speak to about my child/young person?

Who are the different services in my area and what do they do?

Where can I meet other families with similar experiences?

Come along to our SEND Roadshow and you can ask us these and any other questions you may have...

Mid Essex

19th November 2021 – 9am to 11am – Tanglewood Nursery School (CM1 2DX)

South Essex

23rd November 2021 – 9am to 11am – Long Ridings Primary (CM13 1DU)

West Essex

24th November 2021 – 9am to 11am – Great Sampford Primary (CB10 2RL)

North East Essex

29th November 2021 – 9am to 11am – Camulos Academy (CO4 6AL)

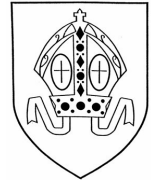


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Young carers

Does this apply to your family?

- Is your child providing practical, physical, emotional or personal care for a family member?
- Is your child helping to look after someone in the family home who is ill, physically or mentally disabled, have a learning difficulty or misuse drugs or alcohol?
- Does your child do more than their peers? For example: cooking, housework, helping someone out of bed or looking after brothers and sisters.

As a result of this extra responsibility your child might be suffering from anxiety, loneliness, lack of sleep, friendship problems, be late or miss school.

If any of the above applies to your child please speak to Mrs Morecroft or Mrs Wiskin. Please ask even if you are unsure to see if we can help provide extra support for your child.

Please also see the 'Young Carers' links below for further information.

[Young carers - Essex County Council](#)

[Action for Family Carers | Supporting Carers Across Essex \(affc.org.uk\)](#)





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PTA NEWS



We're very excited that we're able to bring back this popular Christmas event!

Plans are afoot and include:

Santa's Grotto

Snow Dome

Raffle

Lots of Stalls and Games

But we cannot do it without your help. We are in need of:

Raffle prizes

If you have anything to donate please email us on: PTA@cathedralschool.essex.sch.uk

From Monday 15th November until Friday 19th November we will be asking for donations of bottles (alcohol and non-alcohol) and new toys. These will all be used as prizes and games.

There will be buckets outside classrooms for the donations.

THANK YOU



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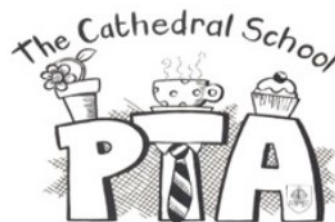
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PTA NEWS...continued



CHRISTMAS WREATH MAKING WORKSHOP

Last year some of you ordered beautiful Christmas wreaths from Mel's Blooms. This year Mel's offering an evening workshop to create your own bespoke wreath.

£45



1 DECEMBER

7pm – 9.30pm



Purchase tickets at:

<https://www.peoplesfundraising.com/event/cathedral-school-pta-christmas-wreath-making>

Includes all materials, full instruction, refreshments and a mince pie

LIMITED AVAILABILITY

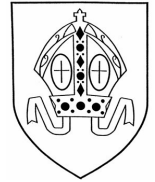


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Children in Need



Fundraising for Children in Need

On Friday 19th November we will be having a non-uniform day to raise money for children in Need. The school council have decided that children can wear spotty clothes on this day as well as any Children in Need merchandise such as Pudsey ears.

Please follow the link to the Just Giving page where you can make your £2 donation to Children in Need.

<https://www.justgiving.com/fundraising/the-cathedral-primary-school>

We look forward to seeing your spots!

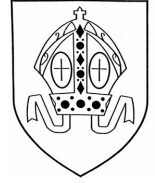


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Prospective New Parent School Tours Pupils Due to Start Reception September 2022

School visits for next years' intake into EYFS are limited to 6 people at a time and will take place on the following dates :

Tuesday 16th November 11am

Thursday 18th November 9am

Tours should last approximately 45mins

Please contact the school office to book an appointment.