



The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Galatians 4: 4-5 ⁴But when the appropriate time^{had} come, God sent out his Son, born of a woman, born under the law, ⁵to redeem those who were under the law, so that we may be adopted as sons with full rights

Friday 10th December 2021

Head Teacher's Message

Dear All,

Christmas draws closer and it was cheering this week to have KS1 perform their Nativity Play "The Innspectors" three times. With so many Nativities cancelled across the county, we count ourselves fortunate, that this has been achieved. The children learnt so many words, and performed so well, it was a delight for them to be seen live. We have staff giving of their time and talents to ensure that the rest of the school will see a recording of the performance next week. Also next week we are looking forward to the Reception Classes performing their Nativities under similar constraints.

Monday is the School Carol Service in The Cathedral. This event is for the whole school, however, we recognise that other than the choirs, readers and primarily the Year 6's, attendance is a matter of choice. To that end, all will be able to participate as the service will be streamed live to families of the Cathedral School allowing extended family to see the service from home. The code to access the live streaming will be sent out on Monday. At this service we will be wishing Mrs Kinch a happy retirement after 34 years working at the school in the kitchen and Dr Southward the very best in her new role at the Shrine of Our Lady Walsingham, after 14 years of dedicated service to the pupils of The Cathedral School.

The Christmas dinners were a great success this week: thanks to our team of Lisa O Connor, our new Catering Manage, and Assistant Cooks; Thomas Barber, Simona Adonia and Chris Kinch. The teams were well organised by Michelle Curtis and the crackers were excellent, courtesy of the PTA!

Today and the beginning of next week our new school murals are being installed. The first one, related to both space and the creation story went into the studio today.

Two job opportunities currently exist in the school; the role of a kitchen assistant can be found on the Essex jobs website and we seek a Midday Assistant for the New Year to cover a maternity leave, please ask at the Office, it will go onto the Essex website in January. Finally, our Ofsted report is on our own website, but will go live on the Ofsted website on Tuesday 14th December.

Praying for the health of the community

Best wishes
Linda Wiskin



Notices

Please can we remind parents to contact the school office by email or answerphone if your child is unwell for every day they are absent.

If your child is ill with sickness (vomiting) or upset stomach please keep them off school for 48hrs from their last episode.

Clubs have now finished this week with the exception of Y3/4 Multisports (Monday), Y5/6 Dodgeball (Wednesday) & KS1 Dance Club (Friday) these 3 clubs have one more session to complete.

Calendar Events

Dec 13	Carol Service 6:30 pm - 8:00 pm @ Cathedral
Dec 15	EYFS Christmas Production 'The BIG little Nativity' 2:00pm
Dec 16	EYFS Christmas Production 'The BIG little Nativity' 5:00pm
Dec 17	Last Day of Autumn Term
Jan 04	Non Pupil Day
Jan 05	Pupils First Day of Spring Term (1)

[SCHOOL CALENDAR](#)



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Lunch Menu week commencing 13th December 2021

THE CATHEDRAL SCHOOL

Menu Week 4

MONDAY	OPTION 1 Mac Cheese Garlic bread Peas & Sweetcorn Side salad	OPTION 2 Jacket Potato (filling choice of beans or cheese or tuna at the counter) Side salad		Dessert Yoghurt Fruit Bar
TUESDAY	OPTION 1 Sausage & Mash Mash Potatoes Peas, Carrots & Gravy Side Salad	OPTION 2 Quorn Sausage & Mash Mash Potatoes Peas, Carrots & Gravy Side Salad	OPTION 2 Cheese & Carrot Wrap Side Salad	Dessert Lemon Drizzle Cake Fruit Bar
WEDNESDAY	OPTION 1 Roast Chicken Thighs Boneless Yorkshire Pudding Seasonal Vegetables Side Salad	OPTION 2 Quorn Fillet with Cheese & Tomato Topping Yorkshire Pudding Side Salad		Dessert Ice Cream Pots Fruit Bar
THURSDAY	OPTION 1 Beef Meatballs in a rich tomato sauce served on rice Side salad	OPTION 2 Falafels in a rich tomato sauce served on rice Side salad	OPTION 3 Ham & Tomato Roll Side salad	Dessert Oat Cookie Fruit Bar
FRIDAY	OPTION 1 Fish Fingers Herb Diced Potatoes, Peas & Baked Beans Side salad	OPTION 2 Cheese & Leek Quiche Herb Diced Potatoes, Peas & Baked Beans Side salad		Dessert Ginger Cookies Fruit Bar

Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.

Instructions can be found on our [website/parent's page](#)



Nut Free School The school aims to protect children who have allergies to nuts, We do not allow nuts or nut products in school lunch boxes or in their snacks.

Please can we remind parents to cut grapes in half.

Thank you for co-operation.

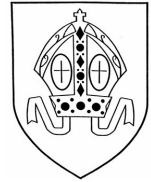


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Weekly Special Achievement Awards



EYFS

Reuben G

Angelin A

Lower School

Dwayne O

Shaya-Jai C

Minerva G

Middle School

Elliott H-H

Harriet S

Hugo M

Upper School

Emilia St

Emilia Sp

Jonty K-N

Sienna W

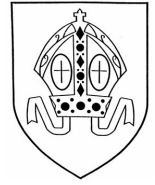


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GROW YOUR WELL-BEING



Taking Care of 'YOU'

Christmas can be a joyful time of year for some people, through connecting to others we love and joining in with celebrations. It can also be a difficult time of year for all sorts of different reasons.

Please see some of our tips for looking after YOUR well-being this Christmas:

- 1. Sit In the garden in a warm coat and get a brief sunny boost*
- 2. If you struggle with sleep, stick as close as possible to your usual routine*
- 3. Give yourself permission to say 'NO'*
- 4. Balance your sense of social obligations against your need for self-care*
- 5. Let family and friends know you will need time to be quiet and calm.*

"Balance your sense of social obligations against your need for self-care."



"Prioritise and tackle things one at a time."



So give yourself permission to be 'YOU' and have a Christmas that works for 'YOU.'

Mrs Morecroft and Mrs Burnham



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A huge well done to the PTA raising over £2755 with the Frost Fair, Raffle and Enterprise.



CHRISTMAS RAFFLE



Thank you to all those that
bought raffle tickets.



We raised **£951!!**

**CONGRATULATIONS
TO OUR WINNERS!**



S Owen Helen Garvey Paula Macrae Emma Anderson
Marion Kerrison Elizabeth Barber-Prile Ewa Baines George Bunby
Mark Turner Catherine Harrison James Harrod

If you are one of the lucky winners, please check your emails about how to
collect your prize



MERRY CHRISTMAS FROM THE PTA



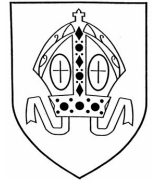


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The SNAP Charity Christmas Survival Guide 2021



The SNAP (Special Needs and Parents) Charity has produced a Christmas Survival Guide sharing tips, ideas and activities to help make Christmas less stressful.

To access the guide, please click the link:

https://www.snapcharity.org/wp-content/uploads/2021/12/SNAP_ChristmasSurvivalGuide21.pdf?fbclid=IwAR3T5puSYJa9TG2sBXEIO-gJbJBOLuADwhBjYruOsVXL4ve1Kt9V5d3K5nM

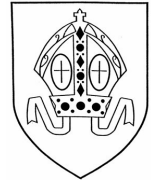


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Sign up to the Winter Reading Challenge and be entered into a prize draw to win one of these fantastic prizes!

- **Explore Essex Explorer Passes**, valid for one year.
- **Sky Ropes Session for two**, to be taken by 31 August 2022 (subject to availability). Min age of two for the junior course, min height of 1.22m for the main course.
- **Essex Outdoors school holiday activity days**, for one child aged 8-16, to be taken by 31 August 2022 (subject to availability).
- **Wilderness Foundation activity afternoon**, Chatham Green centre, for children aged 5-11 (and their parents and siblings) to be taken Saturday 26 April 2022.
- **Signed books**, from authors Emma Beswetherick, Catherine Emmett and Vassiliki Tzomaka.
- **Love Essex goodie bags.**

Full terms and conditions can be found on our website: libraries.essex.gov.uk

