



The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk

Matthew 11-15 He who has ears to hear, let him hear.

Friday 4th February 2022

Head Teacher's Message

Dear All,

Our theme this week has been about The Parable of the Sower and Seeds. We have been thinking about the right conditions for our own growth, whether that be at school, at home or within the community. We have talked about what conditions are better for us to grow in and how we can all support or make changes to improve that. The Leadership Team have been actively engaged out on the playground over the past couple of weeks and it has been great to see the children making better choices with their play, especially when we have experienced high wind and rain this week!

Over the past couple of weeks I have had the opportunity to teach across many classes and it has been a joy to hear the rich discussions and see the quality of the children's learning across the school, I have been particularly impressed with how articulate the children are when explaining their thinking or learning. I have also enjoyed serving the children their lunch this week and it's been a pleasure watching them engage in quiet conversations with their friends.

We would like to thank all of the staff for their flexibility and dedication during what has been a more challenging 'COVID' term. However, on a positive note numbers are decreasing, with COVID related pupil absence being 2.5% today.

You will also be receiving a letter today, we shall be celebrating World Book Day on Friday 4th March this year and children / staff shall be dressing up as their favourite book character. We are celebrating on the Friday as we have our Ash service at the Cathedral on Thursday 3rd March.

Wishing you a fabulous weekend,

Mrs Quinn

Deputy Head Teacher

Notices

Please ensure that if you have pre-ordered a cooked lunch via SCOPAY and your child brings a packed lunch on that day, you must inform the office of the change by 9:15am, otherwise you may incur a charge for food which will have already been purchased and prepared.

Calendar Events

Feb
08

E-Safety Day

Feb
14

Half Term

Feb
25

Class 9 Year 5 Road Safety Training

Mar
03

Ash Services 2:00 pm - 3:00 pm The Cathedral

Mar
04

Class 10 Year 5 Road Safety Training

Mar
04

World Book Day Dress-up
Celebration

Mar
31

Eucharist Service

Mar
31

Year 2 Tag Rugby Workshop

[SCHOOL CALENDAR](#)

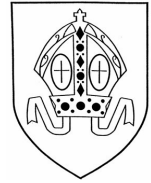


The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Matthew 11-15 He who has ears to hear, let him hear.

Friday 4th February 2022

Lunch Menu week commencing 7th February 2022

THE CATHEDRAL SCHOOL

Week 3

MONDAY	OPTION 1 Tomato and Basil Pasta Bake Homemade Bread Side Salad	OPTION 2 Jacket Potato Various Fillings Cucumber Slices, Grated Carrot and Shredded Lettuce	Dessert Fruit Crumble and custard Fruit Bar
TUESDAY	OPTION 1 Beef Burger in a Homemade Bun Potato Wedges Peas Side Salad	OPTION 2 Southern Fried Quorn Burger in a Homemade Bun Potato Wedges Peas Side Salad	Dessert Yogurt Fruit Bar
WEDNESDAY	OPTION 1 Roast Gammon Yorkshire Pudding Roast Potatoes, Carrots, Broccoli Florets	OPTION 2 Quorn Pattie Yorkshire Pudding Roast Potatoes, Carrots, Broccoli Florets	Dessert Flapjack Fruit Bar
THURSDAY	OPTION 1 Chicken Pie Mash Potato Broccoli Florets, Green Beans Side Salad	OPTION 2 Sweet Potato Slice Broccoli Florets, Green Beans Side Salad	Dessert Healthy Fruit Day
FRIDAY	OPTION 1 Salmon Fish Fingers Chips Baked Beans & Sweetcorn Side Salad	OPTION 2 Cheese & Tomato Pizza Chips Baked Beans & Sweetcorn Side Salad	Dessert Lemon Shortbread Fruit Bar

Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.

Instructions can be found on our [website/parent's page](#)



Nut Free School The school aims to protect children who have allergies to nuts, We do not allow nuts or nut products in school lunch boxes or in their snacks.

Please can we remind parents to cut grapes in half.

Thank you for co-operation.

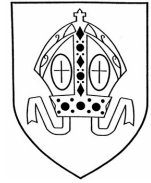


The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Matthew 11-15 He who has ears to hear, let him hear.

Friday 4th February 2022

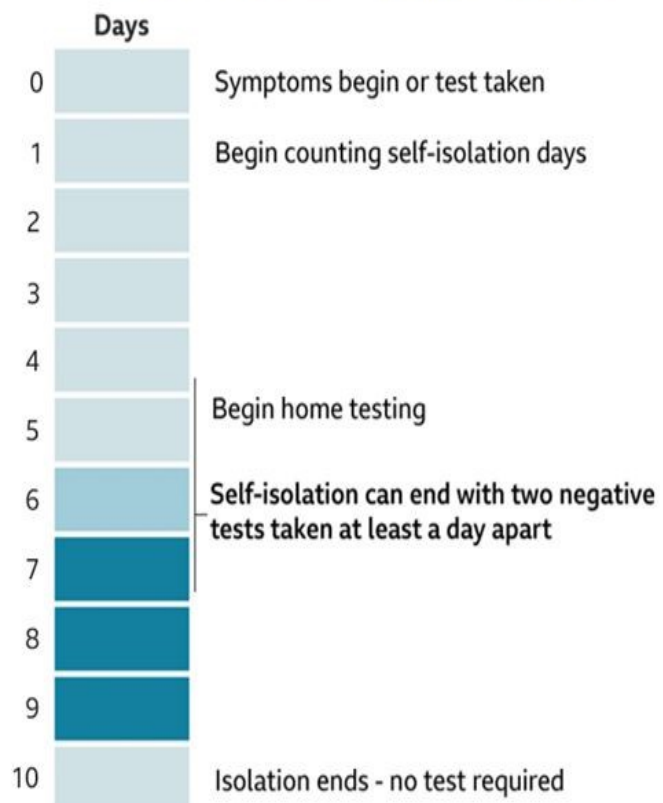
Isolation Guidance

Day 0 of the isolation period is when you first show symptoms or, if asymptomatic, the day you took your test.

People self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative on both day 5 and day 6 (taken 24 hours apart) and do not have a temperature.

Individuals who are still positive on their rapid lateral flow tests must stay in isolation until they have had 2 consecutive negative tests taken on separate days or after day 10 isolation ends -no test required.

How days 5 and 6 testing rule works



Kitchen Assistant Required

We are seeking a kitchen assistant to work with our successful Kitchen team. This is a role for someone willing to have a support role and undertake more hours when the need arises.

If you would like to apply or would like further details please visit Essex School Jobs website [Kitchen Assistant \(essexschoolsjobs.co.uk\)](http://kitchenassistant(essexschoolsjobs.co.uk))

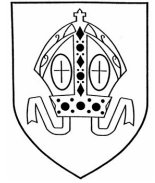


The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Matthew 11-15 He who has ears to hear, let him hear.

Friday 4th February 2022

GROW YOUR WELL-BEING



Children's Mental Health Week



From 7-13 February 2022, schools, youth groups, organisations and individuals across the UK will take part in Children's Mental Health Week. This year's theme is Growing Together. Growing Together is about growing emotionally and finding ways to help each other grow.

Here are some top tips from the Place2Be's website to support your child's growth at home:

1. Talk about when your child was younger
2. Notice when your child has developed and grown
3. Encourage your child to try new things
4. Listen to your child's hopes and dreams for the future
5. Support your child to learn from tough situations.

Please visit this link to find out more:

<https://www.childrensmentalhealthweek.org.uk/about-the-week/>

Mrs Morecroft and Mrs Burnham.

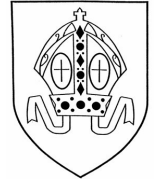


The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Matthew 11-15 He who has ears to hear, let him hear.

Friday 28th January 2022

Weekly Special Achievement Awards



EYFS

Oisin D

Eva P

Lower School

Harrison S

Abigail T

Gabriel B

Middle School

Gabriel A

Harrison L

Hugo M

Laurence S

Wiktor S

Upper School

William G

Emily V

Nancy C

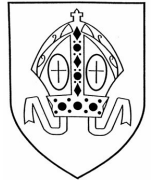


The Cathedral School

Victoria Road, Chelmsford, CM1 1PA

Tel: 01245 354459 email: office@cathedralschool.essex.sch.uk

Website cathedralschool.co.uk



Matthew 11-15 He who has ears to hear, let him hear.

Friday 28th January 2022

Lots of prizes to be won!

Essex **Library** Services

Read, learn, connect.

Winter Reading Challenge

Saturday 27 November 2021 - Saturday 19 February 2022

Lots of prizes to be won!

Essex **Library** Services

Read, learn, connect.

Winter Reading Challenge

Sign up to the Winter Reading Challenge and be entered into a prize draw to win one of these fantastic prizes!

- Explore Essex Explorer Passes, valid for one year.
- Sky Ropes Session for two, to be taken by 31 August 2022 (subject to availability). Min age of two for the junior course, min height of 1.22m for the main course.
- Essex Outdoors school holiday activity days, for one child aged 8-16, to be taken by 31 August 2022 (subject to availability).
- Wilderness Foundation activity afternoon, Chatham Green centre, for children aged 5-11 (and their parents and siblings) to be taken Saturday 26 April 2022.
- Signed books, from authors Emma Beswetherick, Catherine Emmett and Vassiliki Tzomaka.
- Love Essex goodie bags.

Full terms and conditions can be found on our website: libraries.essex.gov.uk



Essex **Library** Services

Children's Art Competition

Closing Date: Saturday 5 February 2022

- Have fun and create a piece of A4 winter themed artwork!
- Some great prizes to be won!
- Winners' artwork will be displayed in libraries and shared on social media!

Open to all children aged 4-11.

Visit libraries.essex.gov.uk or ask a member of staff for more information.

