



# The Cathedral Church of England Voluntary Aided Primary School



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Colossians 3: 13 Just as the Lord has forgiven you, so you must also forgive others

Friday 1st March 2024

## Message from the Headteacher

Dear All,

The theme in worship this half term is Forgiveness and we have started exploring what it is to forgive and be forgiven. Next week, Class 11 will be presenting their ideas, thoughts and reflections on this subject in our Thursday afternoon session when parents of class 11 are welcome to attend at 2.45pm. We would like to welcome more but it is difficult to accommodate more than 30 additional adults.

I am delighted to report that the work the school has done on Well-being, led by Mrs Truelove, Mrs Burnham and Mrs Quinn has resulted in us gaining the National Well Being Award. The pastoral efforts: the mentoring provided and the internal and external counselling systems developed have all contributed to the happiness of the pupils and staff. A special "shout out" to Mrs Johnstone, who joined us under the tutoring programme and shares a high level of expertise and a wealth of strategies from her experiences in two other authorities. This is benefitting so many children. The key element for the school has been Well-being Wednesday where pupils have been invited and they have chosen to have a special time during lunchtime and the respite they need with Mrs Truelove and Mrs Burnham who have given so much of their time and effort to support them.

A good effort from the football team against Barnes Farm on Wednesday was followed by the school being well-represented at the launch of "Beat the Street" on Thursday. Today saw our Chess team as the runners up at the Chess tournament at Moulsham Juniors. We have a long history of Chess in the school which is so good for thinking and strategy!

A reminder please re parking; it is irresponsible and unacceptable to park on the double yellow lines outside our Waterloo Lane gate, however late you are. Neither is it possible to drive on site or attempt to tailgate at our electronic gates. There are space and insurance reasons for this. Permission must be sought in advance for extremity i.e. a pupil is on crutches.

We look forward to seeing parents next Wednesday and Thursday. Please ensure you have booked your appointment by Tuesday lunchtime. When you get to school, please visit your child's classroom where books will be out before your appointment in the hall. Class 10 and 11 are in use for afterschool activities, those books will be on tables outside classrooms 7 & 8. Second hand uniform will be available for donation in The Hive (old ICT room) next to the hall.

It is the PTA's Mother's Day gift event on Thursday and World Book Day in pjs on Friday and there are plenty of activities and competitions related to this.

Advance notice.

On Monday 18th March, the tyres and trim trail are being removed and the new play area is being installed. This means that space on site is severely reduced for the following 7/8 days before the Easter break. Clubs and extra- curricular activities will happen as usual, but pick up from those and CASP that week will be via the front entrance at Reception. There will be a half hour break in activities for children to come in via the usual gate in the morning from 8.40 am and leave at 3.20pm. Reminders about this will be sent next week so everyone is informed and ready.

Kind regards

Linda Wiskin

### Key Dates for Your Diary

- |   |  |                                |
|---|--|--------------------------------|
| • | <b>Y6 SATs Information Evening for parents</b>   | <b>05.03.2024 3:30pm</b>       |
| • | Parents Evening                                  | 06.03.2024 & 07.03.2024        |
| • | World Book Day                                   | 08.03.2024                     |
| • | Garden Tidying Up                                | 11.03.2024 3:30pm              |
| • | Upper School Assembly Class 11                   | 14.03.2024                     |
| • | Infant Music Festival                            | 15.03.2024                     |
| • | PTA Middle School Disco                          | 15.03.2024 6pm                 |
| • | <b>New Play Area Installation</b>                | <b>18.03.2024 - 28.03.2024</b> |
| • | Middle School Assembly Class 6                   | 21.03.2024                     |
| • | Easter Service—Cathedral                         | 22.03.2024 2pm                 |
| • | Good Friday & Easter Monday                      | 29.03.2024 & 01.04.2024        |
| • | Easter Holiday                                   | 02.04.2024—12.04.2024          |
| • | <b>School Choir Guesting at St Andrew Church</b> | <b>11.05.2024</b>              |
| • | IOW Year 6 residential visit                     | 03.06.2024 –07.06.2024         |
| • | Provisional Sports days EYFS & KS1               | 13.06.2024                     |
|   | Middle & Upper school                            | 14.06.2024                     |
| • | Lunchtime Concert                                | 21.06.2024                     |
| • | Year 4 Sleepover                                 | 28.06.2024                     |
| • | Leavers Service                                  | 09.07.2024                     |

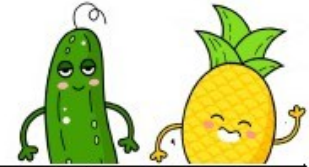
Please view our calendar for all events

## Bold recently added

## Lunch Menu week commencing 4th March 2024

### THE CATHEDRAL SCHOOL

#### Week Two Lunch Menu



MONDAY	<b>OPTION 1</b> Chicken Curry Rice Mixed Veg Naan bread	<b>OPTION 2</b> Jacket Potato Cheese, Tuna Mayo or Baked beans	<b>Dessert</b> Fruit Crumble & custard
TUESDAY	<b>OPTION 1</b> Homemade Sausage Roll Potatoes Sweetcorn, Baked Beans	<b>OPTION 2</b> Carrot, Courgette & Cheese Roll Potatoes Sweetcorn, Baked Beans	<b>Dessert</b> School's Favourite Sponge
WEDNESDAY	<b>OPTION 1</b> Roast Chicken Crispy Roast Potatoes Yorkshire Pudding Seasonal Vegetables (optional gravy)	<b>OPTION 2</b> Roast Quorn Fillet Crispy Roast Potatoes Yorkshire Pudding Seasonal Vegetables (optional gravy)	<b>Dessert</b> Flapjack
THURSDAY	<b>OPTION 1</b> Cheese & Tomato Pasta Bake	<b>OPTION 2</b> Mediterranean Roasted Vegetable Pasta	<b>Dessert</b> School's Favourite Biscuit
FRIDAY	<b>OPTION 1</b> Fillet of Fish Chips Peas	<b>OPTION 2</b> Homemade Cheese & Tomato Pizza Pasta, Salad & Sweetcorn	<b>Dessert</b> Fruit Day & Cream

Also available daily;  
Fresh wholemeal bread; salad bar; fresh fruit, milk and water

Please remember to pre-order lunches on SCOPAY even if your child is bringing in a packed lunch from home.  
Instructions can be found on our [website/parent's page](#)



**Nut Free School** The school aims to protect children who have allergies to nuts, We do not allow nuts or nut products in school lunch boxes or in theirs snacks.

Please can we remind parents to cut grapes in half.

Thank you for co-operation.

## Weekly Special Achievement Awards



### EYFS

Noah Go.

Naomi O

### Lower School

Syedah K

Mubina R

Liliana H

Elizabeth G

### Middle School

Theodore M

Theo R

Gabriel B

### Upper School

Esme B

Oliver Bull

Elizabeth A



## Beat The Street

On Thursday our sports leaders had a great time at the launch of Beat The Street. They strolled around the ARU campus and tapped cards to earn points for the school.

They met the Mayor, Deputy Mayors, local Councillors, representatives from local companies and Lindsey, an ambassador for Beat the Street. The children were brilliant and were a real joy to take to the event.



## Football League Match

On Wednesday after-school our football team played their first league match of the season against Barnes Farm Primary School.

The game started well with two early goals by Laurence and our captain Milo. Just before half time Barnes Farm pulled a goal back.

After the break Laurence scored another goal from the penalty spot with Barnes Farm scoring again to make it 3-2.

Although Barnes Farm played strongly when Laurence scored his hat-trick, the team started to feel confident with a 4-2 lead.

Our confidence was a little too premature, Barnes Farm became more dominant and reacted to a few errors and quickly scored 2 goals to level the match. Unfortunately, the opposition continued to take control and finished the match with two late goal to win 4-6!

Even the boys were disappointed we have some things we can work on, our next match is next week against Baddow Hall. Thank you to Mr Richardson for refereeing and to the team :- Elliott, Wiktor, Hugo, Oliver, Milo, Harrison, Jack, Laurence & Max.



**THE NEXT  
PARENTS' CONSULTATION MEETINGS ARE**

6th March 2024 5pm - 8pm  
& 7th March 2024 4pm - 6:30pm

**PARENTS' CONSULTATION ON-LINE BOOKING**

Closes Tuesday 5th March 2024 at 12pm

[Click here to access booking website](#)

Please be advised the pastoral team will be available for drop-in sessions in the library for both parents evening next week.

No appointment will be needed but please be aware this will only run until 5:30pm.

If you wish to discuss your child's social and emotional needs in more detail and cannot attend parents evening, please contact Mrs Burnham, via the office, to arrange a meeting for another time.



## Grow Your Well-Being



SPRING- Family wellbeing activities to celebrate!

Say HELLO to the season of Spring with this selection of activities to try over the coming weeks at home and outdoors. Why not upload any photos onto Tapestry of anything you manage to complete. Mrs Burnham

### 30 Family Wellbeing Activities to Celebrate Spring

1 Plant some flower seeds.	2 Spring clean your home.	3 Go for a bike ride.	4 Have a picnic breakfast.	5 Make a spring door wreath.	6 Visit a farm and feed the lambs.	7 Listen to bird song at dusk.
8 Grow vegetables.	9 Gather leaves and do leaf rubbings.	10 Go for a walk by a lake or river.	11 Make a fruit smoothie.	12 Bake a lemon cake.	13 Watch a spring nature programme.	14 Write a spring acrostic poem.
15 Make an uplifting card for a loved one.	16 Shop locally.	17 Clear out and give away old toys and clothes.	18 Toast marshmallows over a fire pit.	19 Host a family board games evening.	20 Play frisbee in the park.	21 Make homemade ice cream.
22 Paint a spring scene.	23 Feed the ducks.	24 Start a new hobby.	25 Play hide and seek outdoors.	26 Wash the car as a family.	27 Photograph different trees.	28 Go hunting for bluebells.
29 Lie on the ground and watch the clouds.	30 Create a mud kitchen and make potions.					



## PTA NEWS



### MOTHER'S DAY EVENT

**ORDER DEADLINE: Sunday, 3<sup>rd</sup> March**

Children Choose: Thursday, 7<sup>th</sup> March (in school)

**Order online:**

<https://www.peoplesfundraising.com/event/CathedralSchoolPTA-MothersDay24>

### GOLDEN TICKET EVENT

**ORDER DEADLINE: Tuesday, 5<sup>th</sup> March**

Event: Friday, 8<sup>th</sup> March after school  
Playground

**Order online:**

<https://www.peoplesfundraising.com/event/world-book-day-golden-ticket-event>



### SECOND HAND UNIFORM SALE

**The Hive, By the School Hall**

**Available during Parent's Consultation**

**Tuesday 5<sup>th</sup> & Wednesday 6<sup>th</sup> March**



**!! GET YOUR ITEMS READY FOR THE CHANGE TO SUMMER UNIFORM AFTER EASTER !!**

## Community News



We would like to share information from our wider community with you such as; local events, and information from other relevant organisations including special offers.

To visit the Community Page [Click Here](#)

### ACL FAMILY LEARNING

FREE!  
COURSES

FREE ONLINE COURSES  
THIS SPRING



### ACL FAMILY LEARNING

FREE! ONLINE  
COURSES



- Go To Sleep!
- Setting Boundaries
- Raising Girls
- First Aid Workshop
- Managing Big Emotions
- Getting Teens To Talk
- Mindfulness & relaxation
- Anxiety Coping Techniques for Teens



FIND OUT MORE



call our friendly team on  
03330 321 017



Search 'Family Learning' at  
[aclessex.com](https://www.aclessex.com)



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